

TRICIA ZODY
Another Beautiful Life
PODCAST GUIDE

This guide is intended to be used as a complement to my podcast “Another Beautiful Life.” It is best utilized after listening to the corresponding episode. Please take some time to be contemplative in your answers. My suggestion is to ask the Holy Spirit to lead you through it before you begin. I’m already praying you hear His voice clearly.

Episode 175 – Unexpected...and Most Unwanted

Unexpected things happen in our lives all the time.

1) Describe a time when you experienced something unexpected and most unwanted in your life.

It’s normal for us to get angry or frustrated or feel despondent when unexpected things come because they make us feel out of control, vulnerable, and uncomfortable.

2) How did you respond/react to this unexpected event?

Ecclesiastes 6:10 says, “Whatever has come to be has already been named, and it is known what man is, and that he is not able to dispute with One stronger than he.” The Bible Commentary says that to “name” something is to exercise authority over it. The author of Ecclesiastes confesses that God rules over *all* things, and he points out that it would be foolish for mankind to dispute God's sovereign ordering of the world.

3) How differently would you respond to the unexpected if you believed that God has already “named” it and rules over it with His authority?

Look up Isaiah 55:8 and write it here:

4) What is the Holy Spirit revealing to you through this scripture?

God has a reason for all things. When things are unexpected, we can be sure that in it He's trying to teach us, create something in us, or provide for us. This is the time to look deeper into the situation; to look beyond what the natural eyes can see; to find Him giving you what you desperately need.

5) What might God be showing you, teaching you, providing for you in the unexpected?

6) How will you respond to God as He is shifting your perspective about the unexpected thing?

God knows what you so desperately need right now. And He leads us in unexpected things all the time. Unexpected for us, but not unexpected for Him; to teach us, provide for us, bring us closer; to meet us in that place where we desperately need Him. Even if you're not there right now experiencing something unexpected, when it comes, if you will make it your practice to look a little deeper you will surely find that it was as it was supposed to be, because He has something for you, something good, something you desperately need. And you may just find it in the unexpected.

If you have any questions or would like to talk about shifting your perspective on the unexpected, email me at coaching@triciazody.com.