

TRICIA ZODY
Another Beautiful Life
PODCAST GUIDE

This guide is intended to be used as a complement to my podcast “Another Beautiful Life.” It is best utilized after listening to the corresponding episode. Please take some time to be contemplative in your answers. My suggestion is to ask the Holy Spirit to lead you through it before you begin. I’m already praying you hear His voice clearly.

Episode 169 – Dependence On God

Timothy Keller said, “We can only be dependent upon God to the degree of our felt or known desperation or need of dependence.” In other words, your awareness of just how much you need Him to help, provide, sustain, guide, etc. dictates your level or degree of dependence.

1) As far as you know, what is your level of dependence upon God currently?

People who have been through it; people who have had their worlds turned upside down, heart shattered in a thousand pieces, people who have hit rock-bottom; these people know a level of dependence on God that most people will never know. Is that you, friend?

2) What have you experienced in life that has increased your dependence on God?

3) Prior to that, what or who were you depending on? Describe how that looked in your life:

Hardship can make you extremely aware of your need for a Sovereign, Omnipotent Rescuer. Knowing that you have very little control over anything in your life constrains you to depend upon this Rescuer.

4) In what ways have you felt you have little control over your life? How do you respond to this?

Oswald Chambers said, "God is not working toward a particular finish. His purpose is the process itself. It is the process, not the outcome, that is glorifying to God." His goal is to get us to a place where we are wholeheartedly His.

5) How are you seeing God using your circumstances as the process to get you to wholeheartedly depend upon Him?

6) How aware are you of your need for a Sovereign, Omnipotent Rescuer?

What I have found is that in the middle of the crisis, it feels like God is extending an invitation to come near, come into His presence, and to be intentionally still; To learn to rest in faith of who He is and in what He has provided through His Son, Jesus Christ. It's here that we can finally let go of trying to control everything and live so independently.

7) How could you increase your dependence on God *now* to prepare you for the chaos or turmoil that's ahead?

Jesus came to rescue us from ourselves, from our weakness, from our sin; to give us peace, comfort, and an abundant life here on earth, as well as eternally with Him. When you are aware of *this* kind of need, you will be able to open yourself up to depending more and more on His benevolent care and sovereign power over your life. There's so much peace here. This is what He's looking for and this level of dependence is what He's calling you to today.

If you have any questions or would like to talk about your dependence on God, email me at coaching@triciazody.com.