

Another Beautiful Life

Podcast Worksheet

This worksheet is intended to use as a complement to my podcast “Another Beautiful Life.” It would benefit you most if you listen to the episode before continuing. Please take some time to be contemplative in your answers. My suggestion is to ask the Holy Spirit to lead you through it before you begin. I’m already praying you hear His voice clearly.

Episode 14 - Something New: Part 3

In episode number 6, I talked about how God is calling us to the faith-rest life no matter what we’re doing. The premise is to live in a state of rest and peace, no matter what your goals or desires are for your life. There’s always a tendency for hustle, when what we really need is grace for ourselves to find a pace of rest while we continue to do the things that are necessary in life, and while doing the things we love.

In Jeremiah 6:16, God tells the rebellious Israelites what they needed to do instead of hustling on in life, and running ahead of, or maybe even away from, God. This verse may very well be the most brilliant guide for a comprehensive life-evaluation for us today. It says, “Thus says the LORD, ‘Stand by the roads and look, and ask for the ancient paths, where the good way is; and walk in it, and find rest for your souls.’”

- 1) What are some ways you notice that you tend to “hustle” in your life instead of living in faith-rest?

Let’s break down Jeremiah 6:16. “*Stand by the roads*” means to actually to stop and be purposeful in order to take assessment. It’s a call to slow your pace and motion down enough that your mind has the wherewithal to consider another path – another ‘road’. The idea here is that we’re not supposed to just keep on going down the same ‘ole road because it’s familiar, or even safer. In this verse, we are told to stop and look – to consider.

- 2) Looking at the different areas of your life, is there some place where you need to consider a different road?

So then, we “*Look*” at the two possible roads - where you are now and where you could/should be. “*Look*” or “*see*” means to inspect, to perceive, and consider. God gave you a sharp mind for analysis. He’s leading you to use your mind to discern the risks and rewards you’d face on either road. The “*way*” or the “*road*” could be a physical journey or destination, but could also be a manner of living, a habit, a course of lifestyle, moral character. God is asking us to slow down long enough to give time and space to a life evaluation.

3) Where are you now on the “*road*”? Is there somewhere else you should be or want to be?

“*Ask*” God for His counsel. The scripture says, “ask where the good way is.” So, find out, based on your stopping and looking, what path is bringing you closer to the “*good way*.” What road does *He* want you to take? Where is *He* leading you? This is your journey, not someone else’s, so your choice may be different. Where is the “*good way*”?

4) How would you answer those questions for yourself? Where is the “*good way*” for you?

It doesn’t mean the “*good way*” will be comfortable. That road may still be full of sharp rocks, steep inclines, and uneven ground. But it’s still “*good*” because it is a moral good that leads to the best of things – eternal things. It is a good way that brings happiness, favor, prosperity, and things most pleasant – *all* found in *God*.

And when you’ve asked and He has answered, then “*Walk*” on that road. Move away from the other road - that manner of life or moral character if that’s what He’s told you to do - and on to the new road.

5) What actions do you need to take to walk on this new road?

“*Find Rest*” for your soul. This is it! This is what God wants for each of us: to find that place where our soul feels at rest – no matter the circumstances. The soul can get weary. Especially if we’re not on the road we should be on. Because even if the road we’re on is a hard traveled one, if it’s the road we’re *supposed* to be on, we will still find rest and peace in the midst of it. The road God counsels you towards leads you to your eternal glory and reward. *That* is your destination. What road will you choose? Will you ask Him and then follow His leading? God has good in mind for you, friend. He wants to lead and guide you into something new for your greater good, to find rest for your soul.