

This guide is intended to be used as a complement to my podcast "Another Beautiful Life." It is best utilized after listening to the corresponding episode. Please take some time to be contemplative in your answers. My suggestion is to ask the Holy Spirit to lead you through it before you begin. I'm already praying you hear His voice clearly.

Episode 160 – Digging Ditches in the Desert

Most of us don't live in or travel through desert land to a destination like they did in Biblical times. But we most certainly travel through deserts of life because we live in a world full of pain, and disease, and broken people. When we're in the metaphorical desert of life, it feels like dry and weary land; it feels like there is no water to quench our thirsts souls. There is no relief. We may even feel like we're going to die right there in the middle of that desert.

Describe a time when you felt like you were in the middle of desert land:
n the podcast episode, I mentioned several stories of people in the Bible that physically did something as an act of faith before they saw God move: Noah, The Widow, and the Kings that were told to dig ditches.
2) How can you apply this kind of faith to your own story? What would "digging ditches" look like in your desert?

Jesus said, "Let anyone who is thirsty come to me and drink. Whoever believes in me, as Scripture has said, rivers of living water will flow from within them," John 7:37-38. Jesus is our source of water for our thirsty souls as we walk through the deserts of life.

However, sometimes the thing that keeps us from walking in faith and digging ditches is because we're not sure He really will. Or maybe we're not sure He will for "me." This is why it's so important to understand that your core belief system is what will determine how you are experiencing your life...even in the desert place.

3)	Do you believe that the God of the Bible is your God today, acting on behalf of His beloved? Do you believe He will make pools of water and streams in your desert? What is at the core of your belief system? Write what you believe:
pe foi	Isaiah 43:19 God says to His people, "Behold, I am doing a new thing; now it springs forth, do you not rceive it? I will make a way in the wilderness and rivers in the desert." This, my friend, is the heart of God His people, promising that, in their frailty, in their desperation, in their heartbreak, in their grief and pain, will supply all their needs. He will bring comfort. He will bring calm. He will bring peace.
4)	If you don't believe this for your own desert land, write a prayer to God asking Him to reveal His nature and His will to saturate your life with the water that quenches your thirsty soul. If you do, write a prayer of trust, faith, and thanksgiving for all that He will bring:

Jesus said, "Whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life," John 4:14. Jesus is our source and through Him, God will supply all our needs as we trust that He will and that it is coming. Start digging those ditches!

If you need help figuring out how you're going to start digging ditches in your current desert, I can help you. Feel free to email me at: coaching@triciazody.com