

TRICIA ZODY  
*Another Beautiful Life*  
PODCAST GUIDE

This guide is intended to be used as a complement to my podcast “Another Beautiful Life.” Please take some time to be contemplative in your answers. My suggestion is to ask the Holy Spirit to lead you through it before you begin. I’m already praying you hear His voice clearly.

**Episode 19 - WAIT is a four-letter word**

Waiting on something you’ve been praying on for a long time can be hard. But waiting gives God time to work things out in us and in others - things worth waiting for. And waiting gives us time to become who we are meant to be.

1) What is something that you’ve been praying for and you find yourself still waiting?

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2) How are you asking God to show up in this particular need?

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3) What are some of the things you’ve done to try to get God to move a little quicker in answering your prayers? (e.g., bargaining, begging, making promises)

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In the waiting, God says, “Be still and know that I am God” (Psalm 46:10). “Know” in Hebrew is *yada*. It refers to a special kind of knowledge, to perceive, to understand, to know by experience. It is both seeing and knowing (not just hearing with the ears), but to discover by intimacy. “Be still” is the Hebrew word is *raphah*. The meaning is to be feeble, be weakened, be idle, slack; to relax, to withdraw. It’s almost as if it’s an actual ceasing of activity. Then in being still, I am trusting in who I know God to be, and this allows me to withdraw my begging and pleading for His healing. Because 1) I know He is a God of compassion and mercy for the hurting, and 2) I know that He certainly *can* heal by any means He chooses - by medicine or by miracle.

